

*Amended Cost Proposal in Response to RFP No. 1737
ARC Health and Wellness (rev. 4-27-10)*

Panel 1 - Baseline Exam (1st Year) and/or Pre-Hire Exam	<u>COST</u>
State of Nevada Medical History Form ¹	\$ 0.00
Job Specific Medical History Form ¹	\$ 0.00
Audiometry with interpretation (air conduction or pure tone test)	\$ 24.25
Blood Pressure Monitoring ¹	\$ 0.00
Chest X-Ray (Single View)	\$ 29.10
Coronary Risk II (CBC + Chem. Panel + HDL + LDL)	\$ 35.89
Heart and Lung Physical Exam (¹ denotes included in cost)	\$ 48.50
Resting EKG	\$ 38.80
Pulmonary Function Test	\$ 36.86
TB Skin Test	\$ 4.85
Urinalysis ¹	\$ 0.00
Nicotine Test (Cotinine Only) with Quant Levels	\$ 14.99
Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 8.73
Vision Screening ¹	\$ 0.00
State of Nevada Physician's Report of Results Form	\$ 14.55
Hepatitis Profile Screening* (*Add conf. charge if positive)	\$ 77.60
Written Report to Agency and Employee ¹	<u>\$ 0.00</u>
<u>Total Panel 1 - Baseline / Pre-Hire</u>	<u>\$334.12</u>

***Note:** For ease of administration, the price of this exam does not change based on location including the various onsite locations, with the exception of the rural fee.*

Rural Fee (if physical is conducted on-site)	+ \$90.00
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Additional Options for Panel # 1

<u>Stress EKG Option</u> (If 2 or more risk factors for heart disease identified) Add Stress Treadmill EKG	+ \$111.55
<u>TwinRix Vaccination</u> (Series of three total \$302.64)	+ \$100.88
<u>Inoculation Series Option</u> (series of three Hepatitis B inoculations) Hepatitis B Inoculation Series, if indicated	+ \$174.60

Vendor will provide employee with a card identifying status and dates of inoculations

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Panel 3 - General Heart/Lung Exam (Over 5 years of Service)	<u>COST</u>
State of Nevada Medical History Form ¹	\$ 0.00
Heart and Lung Physical Exam (¹ denotes included in cost)	\$ 48.50
Audiometry with interpretation (air conduction or pure tone test)	\$ 24.25
Blood Pressure Monitoring ¹	\$ 0.00
Chest X-Ray (Dual View) includes radiologist over-read	\$ 38.80
Coronary Risk II (CBC + Chem. Panel + HDL + LDL)	\$ 35.89
Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 7.76
Stress EKG	\$111.55
Pulmonary Function Test	\$ 36.86
TB Skin Test (Excludes: Department of Corrections employees)	\$ 4.85
Urinalysis ¹	\$ 0.00
Nicotine Test (Cotinine Only) with Quant Levels	\$ 14.99
State of Nevada Physician's Report of Results Form	\$ 14.55
Vision Screening ¹	\$ 0.00
Written Report to Agency and Employee ¹	\$ 0.00
Hepatitis C* Antibody (to determine hepatitis C infection)	\$ 27.16
Work Capacity Readiness Form ¹	<u>\$ 0.00</u>
-Division of Forestry only (form to be provided)	
<u>Total Panel 3 - General Heart/Lung Exam (Over 5 Years)</u>	\$365.16

***Note:** For ease of administration, the price of this exam does not change based on location including the various onsite locations, with the exception of the rural fee.*

Rural Fee (if physical is conducted on-site)	+ \$90.00
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Additional Options for Panel # 3

<u>Hemoglobin A1C – (If employee has documented Type 1 Diabetes)</u>	+ \$ 33.95
<u>Hepatitis Profile Screening* (*Add conf. charge if positive)</u>	+ \$ 77.60
If Officer has not been inoculated for Hep A and B, screening is mandatory	
<u>CDL Paperwork (Exam charged and conducted above)</u>	+ \$ 14.55
<u>HAZMAT Exam (Whole Blood – Heavy Metal Panel)</u>	+ \$ 83.42
<u>TwinRix Vaccination (Series of three total \$302.64)</u>	+ \$100.88

Other Tests to confirm or rule out heart or lung disease, if indicated.

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<u>Panel 4 - Lung/Hearing Exam – Department of Corrections only- 3rd year of Service Only</u>	<u>COST</u>
State of Nevada Medical History Form ¹	\$ 0.00
Audiometry with interpretation (air conduction or pure tone test)	\$ 24.25
Chest X-Ray (Single View)	\$ 29.10
Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 7.76
Pulmonary Function Test (Spirometry)	\$ 36.86
Lung Exam (Physical) (¹ denotes included in cost)	\$ 38.80
Nicotine Test (Cotinine Only) with Quant Levels	\$ 14.99
State of Nevada Physician Report of Results Form	<u>\$ 14.55</u>
<u>Total Panel 4 - Lung/Hearing Exam</u>	\$166.31

***Note:** For ease of administration, the price of this exam does not change based on location including the various onsite locations, with the exception of the rural fee.*

Rural Fee (if physical is conducted on-site)	+ \$90.00
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*Amended Cost Proposal in Response to RFP No. 1737
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**Panel 5 - Volunteer Firefighter Exam –
(Baseline-Every Even-Numbered year)**

	<u>COST</u>
State of Nevada Medical History Form ¹	\$ 0.00
Heart and Lung Physical Exam (¹ denotes included in cost)	\$ 48.25
Audiometry with interpretation (air conduction or pure tone test)	\$ 24.25
Blood Pressure Monitoring ¹	\$ 0.00
Resting EKG	\$ 38.80
Chest X-Ray (Single View)	\$ 29.10
Coronary Risk II (CBC + Chem. Panel + HDL + LDL)	\$ 35.89
Pulmonary Function Test (Spirometry)	\$ 36.86
Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 8.73
Urinalysis ¹	\$ 0.00
Nicotine Test (Cotinine Only) with Quant Levels	\$ 14.99
TB Skin Test	\$ 4.85
Vision Screening ¹	\$ 0.00
State of Nevada Physician’s Report of Results Form	\$ 14.55
Written Report to Agency and Employee ¹	<u>\$ 0.00</u>

Total Panel 5 – Volunteer Firefighter Exam **\$256.52**

***Note:** For ease of administration, the price of this exam does not change based on location including the various onsite locations, with the exception of the rural fee.*

Rural Fee (if physical is conducted on-site)	+ \$90.00
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Additional Options for Panel # 5

Hepatitis B Inoculation Series (First year only, if indicated)	+ \$174.60
CDL Paperwork (Exam charged and conducted above)	+ \$ 14.55
HAZMAT Exam (Whole Blood – Heavy Metal Panel)	+ \$ 83.42

Optional Components of Physical Exam:

The following listed services may be requested in conjunction with the annual physical exams or as a specific separate service, as requested by agency and/or agreed by employee.

Hepatitis / HIV Screening

Hepatitis Profile Screening* (*Add conf. charge if positive).....	\$83.42
Hepatitis A (Detects IgG and IgM antibodies to Hepatitis A virus)	
Hepatitis B surface Ag (Detects Hepatitis B surface antigen)	
Hepatitis B surface Ab (Detects Hepatitis B surface antibody)	
Hepatitis B core Ab (Detects antibodies to Hepatitis B core antigen)	
Hepatitis C Ab (Detects antibodies to Hepatitis C virus)	
Hepatitis A* (Detects IgG and IgM antibodies to Hepatitis A virus).....	\$33.95
Hepatitis B* surface Ag (to determine hepatitis B infection).....	\$20.37
Hepatitis B* surface Ab (to determine immunity to hepatitis B).....	\$19.40
Hepatitis B* core Ab (to detect acute exposure to hepatitis B).....	\$19.40
Hepatitis C* Antibody (to determine hepatitis C infection).....	\$27.16²
(*Add conf. charge if positive)	
 HIV 1 & 2 Screen (AIDS Screening, VERY CONFIDENTIAL).....	 \$43.65²
Detects antibodies to HIV-1 and HIV-2	

Confirmation Charges on Hepatitis and HIV Screenings (if Positive)

Hep A – Hep A IgM	\$36.86
Hep B Ag – Neutralization Assay	\$121.25
Hep C – HCV RIBA	\$143.65
HIV I & II – Western Blot	\$67.90
<i>(if western blot is negative then goes to HIV II screen \$74.00)</i>	
<i>(if HIV II screen is positive then goes to immunoblot confirm \$146.00)</i>	

Hepatitis Inoculations

Hepatitis A inoculations	\$72.75
1 st Injection.....\$72.75 / 2 nd Injection.....\$72.75 / Series of Two.....	\$145.50
Hepatitis B inoculations (and boosters) Baseline exams	\$58.20
1 st Injection.....\$58.20 / 2 nd Injection.....\$58.20 / 3 rd Injection.....	\$58.20
Booster.....\$58.20 / Series of Three.....	\$174.60
TwinRix (Hep. A and B) inoculations	\$100.88²
Series of Three.....	\$302.64

Hazmat Exams / Medical Surveillance (Surveillance included in lab prices)

Blood Lead	
64705 Metal Panel – WB (As, Cd, Hg, Pb/ZPP)	\$83.42
24 Hour Random Urine	
61625 Metal Panel – Random Urine (As, Cd, Hg, Pb)	\$78.57
Blood Lead ZPP	
62621 LEAD AND ZINC PROTOPORPHYRIN (ZPP)	\$57.23
Cholinesterase	
12263 CHOLINESTERASE, RED BLOOD CELL AND SERUM	\$42.68

Hemoglobin A1C	\$21.34
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ARC Health and Wellness (rev. 4-27-10)*

Respirator Clearance Exams

Respiratory Compliance Exam	\$ 67.90
(Includes: OSHA Respirator Questionnaire, Pulmonary Function test, Respirator Clearance Letter)	
Respiratory Fit Test	\$ 29.10
OSHA Respirator Questionnaire	\$ 19.40
Pulmonary Function Test	\$ 38.80
Respirator Clearance Letter	\$ 9.70

Department of Transportation / CDL Exams

DOT Examination	\$ 33.95
DOT Paperwork	\$ 14.55

Drug and Alcohol Testing (Reviewed by Medical Review Officer)

DOT Urine Drug Screen	\$ 37.83
Non DOT Urine Drug Screen	\$ 32.98
DOT Breath Alcohol Test	\$ 24.25
Non DOT Breath Alcohol Test	\$ 24.25
Breath Alcohol Confirmation (if positive)	\$ 14.55

Master Bundled Physical Pricing

Audiometry with interpretation (air conduction or pure tone test)	\$ 24.25
Chest X-Ray (Single View)	\$ 29.10
Chest X-Ray (Dual View) includes radiologist over-read	\$ 38.80
Coronary Risk II (CBC + Chem. Panel + HDL + LDL)	\$ 35.89
Heart and Lung Physical Exam (includes Vision, BP, Urinalysis, etc.)	\$ 48.50
Lung Exam (Physical)	\$ 38.80
State of Nevada Physician's Report of Results Form	\$ 14.55
Resting EKG	\$ 38.80
Stress EKG (Graded Exercise Test)	\$111.55
TB Skin Test	\$ 4.85
Nicotine Test (Cotinine Only) with Quant Levels	\$ 14.99
Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 8.73
Pulmonary Function Test	\$ 36.86
Normal Vision Screening (Snellen, Far, Near) – Included in physical	\$ 0.00
Advanced Vision Screening (Ishihara, Depth, Peripheral)	\$ 9.70
Written Report to Agency and Employee – Included in physical	\$ 0.00
Work Capacity Readiness Form – Included in physical	\$ 0.00

Individual Test Pricing (Not part of Heart and Lung Physical)

Audiometry with interpretation (air conduction or pure tone test)	\$ 29.10
Chest X-Ray (Single View)	\$ 58.20
Chest X-Ray (Dual View) includes radiologist over-read	\$ 67.90
Coronary Risk II (CBC + Chem. Panel + HDL + LDL)	\$ 46.56
Resting EKG	\$ 61.11
Stress EKG (Graded Exercise Test)	\$155.20
TB Skin Test	\$ 14.55
Nicotine Test (Cotinine Only) with Quant Levels	\$ 14.99
Per-Cent Body Fat (BMI Method) / Waist Circumference	\$ 14.55
Pulmonary Function Test	\$ 48.50
Normal Vision Screening (Snellen, Far, Near) – Included in physical	\$14.55
Advanced Vision Screening (Ishihara, Depth, Peripheral)	\$24.25
Venipuncture	\$11.64

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ARC Specialist Pricing

Psychological Screening and Interpretation
(Baseline Exams, Pre-hire exams or fitness for duty evaluations)

- We are pleased to announce the Dr. Michael Lewandowski and Dr. Don Johnson have agreed to a 10% discount on services as reflected below.

Psychological Evaluation / Consultation/ Interview.....\$225.00 - \$405.00
Psychological Evaluation 1.....\$202.50
Psychological Evaluation 2.....\$225.00

Cardiology

- We are pleased to announce that Dr. Mock (Westside Cardiology) has agreed to a 10% discount on services, price as reflected below.
- We are pleased to announce that Reno Heart Physicians has provided a very aggressive proposal to serve and assist the State of Nevada. Please see the pricing as listed below.

Thallium Treadmill (SNCA - Reno / Carson).....\$1,524.00
 Thallium Treadmill (Westside Cardiology - Las Vegas).....\$1,371.60
 Thallium Treadmill (Reno Heart Physicians - Reno).....\$1,305.00

Charge Code Description	CPT Code	SNCA	Westside Cardiology	Reno Heart Physicians
OFFICE VISIT CONSULT LOW	99243	\$ 237.60	\$ 216.00	\$ 214.50
OFFICE VISIT CONSULT MODERATE	99244	\$ 330.00	\$ 300.00	\$ 262.90
OFFICE VISIT CONSULT HIGH	99245	\$ 442.20	\$ 402.00	\$ 328.90
OFFICE VISIT NEW PT COMPREHENSIVE	99204	\$ 250.80	\$ 228.00	\$ 181.50
Established Office Visit low	99213	\$ 83.60	\$ 76.00	\$ 77.00
Established Office Visit Moderate	99214	\$ 124.30	\$ 113.00	\$ 108.90
Established Office Visit High	99215	\$ 231.00	\$ 210.00	\$ 185.90
24 HOUR HOLTER MONITOR TECH AND PROFESSIONAL	93224	\$ 495.00	\$ 450.00	\$ 328.90
24 HOUR HOLTER MONITOR INTERPT	93227	\$ 220.00	\$ 200.00	\$ 137.50
ECG MONITOR 24 HR W/SCAN&RECORDING	93225	\$ 275.00	\$ 250.00	\$ 218.90
TREADMILL STRESS TEST	93015	\$ 290.40	\$ 264.00	\$ 251.90
THALLIUM SINGLE VIEW W/ SUPPLIES	78451	\$ 1,240.80	\$ 1,128.00	\$ 990.00
THALLIUM MULTIPLE VIEW W/SUPPLIES	78452	\$ 1,524.00	\$ 1,371.60	\$ 1,305.00
ECHOCARDIOGRAM COMPLETE	93306	\$ 521.40	\$ 474.00	\$ 392.70
CATHETRIZE LEFT HEART	93510	\$ 1,122.00	\$ 1,020.00	\$ 990.00
LEFT VENTRICULAR ANGIOGRAM	93543	\$ 231.00	\$ 210.00	\$ 220.00
IMAGING CARDIAC CATH	93555	\$ 118.80	\$ 108.00	\$ 110.00
INJECT FOR CORONARY XRAY	93545	\$ 462.00	\$ 420.00	\$ 328.90
IMAGING CARDIAC CATH SUPERVISION & INTERP	93556	\$ 158.40	\$ 144.00	\$ 137.50
CATHETRIZE LEFT HEART COMPLETE	93510	\$ 2,092.20	\$ 1,902.00	\$ 1,402.50

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Audiologist

Consultation (Southern Nevada / Northern Nevada)\$200.00 - \$300.00

CT scan (if abnormalities found in X-ray)

- We are pleased to announce the Great Basin Imaging has agreed to a contractual 10% discount prices as listed below.

CT Calcium Scoring.....\$250.00

CT Chest with Contrast.....\$500.00

CT Chest w/o Contrast.....\$450.00

Coronary CTA.....\$850.00

Echo w/ Rest & CV Stress.....\$525.00

Physical assessment screening (Physical Therapy)

Return to Work Examination.....\$80.00

Functional Capacity Evaluation (per hour).....\$140.00

Musculoskeletal Evaluation.....\$90.00

Physical Capacity Evaluation.....\$85.00

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Summary of Heart and Lung Physical Prices

Below you will find a summary breakdown of the Amended Heart and Lung Physical Costs. These core prices listed below are factored for completion at either an ARC location or Onsite at your location with a 3% discount amendment to the original contractual prices based on a two year extension. The Rural Fee is an additional \$90.00 to the cost of the physical is not subject to a 3% discount.

ARC will continue to assess the monthly mobile charge of \$4,000.00 over the terms of the contract (this charge is not subject to the 3% discount). The mobile services in this contract will be a very costly project for an ongoing basis.

3% decrease in all fees* charged by ARC Health & Wellness Centers, LLC

3% reduction excludes the following:

1. Monthly Mobile and Rural Examination Charge
2. Cash Pay Services - TB Testing due to not having to have loose change
3. Review of another providers Heart and Lung Physical the \$100.00 fee
4. No Call / No Show Fee

Heart and Lung Panel Cost Summary

Panel 1 - Baseline Exam (1 st Year) and/or Pre-Hire Exam	\$334.12
Panel 1 - Baseline Exam (1 st Year) and/or Pre-Hire Exam – Onsite Rural Examination	\$424.12
Panel 3 - General Heart/Lung Exam (Over 5 years of Service)	\$365.16
Panel 3 - General Heart/Lung Exam (Over 5 years of Service) – Onsite Rural Examination	\$455.16
Panel 4 - Lung/Hearing Exam	\$166.31
Panel 4 - Lung/Hearing Exam – Onsite Rural Examination	\$256.31
Panel 5 - Volunteer Firefighter Exam	\$256.52
Panel 5 - Volunteer Firefighter Exam – Onsite Rural Examination	\$346.52

Monthly Mobile Charge of \$4,000.00

CASH PAY SERVICES –

All Cash Pay Services will remain at the original contractual rate, for example a TB Test will be \$15.00 versus the new discount rate of \$14.55. This is for ease of administration by ARC.

Revised Pricing Proposal on 4/26/10 –

Added per the request of the State of Nevada

\$100.00 fee will be assessed by ARC to review and provide a medical clearance on Heart and Lung physicals performed by physicians not contracted with the State.